



IGBINEDION UNIVERSITY OKADA
COVID-19 PRECAUTION MANUAL
FOR
STAFF AND STUDENTS



INTRODUCTION

The coronavirus disease (COVID-19), which originated in China, has spread to several countries and territories including Nigeria with the index case recorded on the 28th of February, 2020.

As communities around the world respond to the rapidly evolving situation around COVID-19, the contagiousness and deadliness of the disease has necessitated drastic social management to halt transmission. It is against this backdrop that this manual is prepared to set guidelines to stem and control the spread of the virus in Igbinedion University Okada and its environ.

Objective

The main objective of this manual is to provide a guideline for smooth resumption of staff and students to campus without the risk of spreading the highly contagious COVID-19. The manual would address precautions to be put in place and observed under different subheadings for ease of implementation.

1. FUMIGATION/DECONTAMINATION

Offices, lecture theatres, libraries, laboratories, hostels, reading rooms, school buses and the general environment to be fumigated daily and decontaminated periodically with W.H.O COVID-19



approved chemicals.

2. PERSONAL PROTECTIVE EQUIPMENT/PRECAUTIONS

The following Personal Protective Equipment (PPE) and precautions must be in use and practiced by staff, students and all visitors to the University.

- IUO W.H.O standard face masks or others approved.



- Wash your hands frequently and for at least 20 seconds with soap and water provided at designated places on campus and hostel areas **or** use alcohol-based sanitizer.



- Cough into your elbow or a tissue and not your hands. Dispose of the tissue immediately into disposal bins.



Mechanically **Sanitize** your hands before and after entering lecture halls, laboratories, workshops, hostels, worship centres and eateries. Use the Automated sanitizing Booths where available.



3. SOCIALS

Practice safe physical distancing in all settings including hostels, classrooms, laboratories, eateries and places of worship.

Campus churches and mosques to observe rules of social distancing and wearing of face masks. Services should not exceed **two hours**. All other gatherings to receive approval and to operate under strict guidelines.

Eateries must maintain social distancing rules and food to be served **hot**. Take-away should be encouraged. This would be well monitored and students **must** patronise only designated eating places.

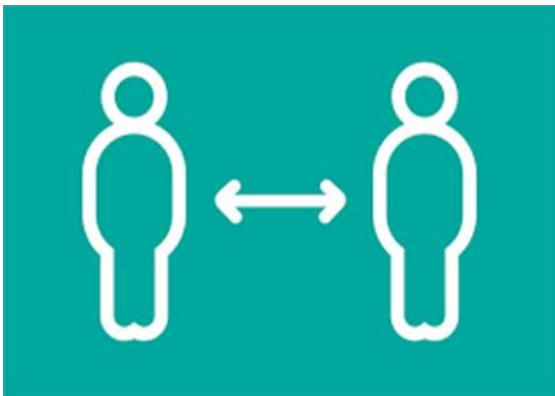
Sporting activities are encouraged for its health benefits but everyone must comply with safety rules.

Campus shuttles and buses to operate under strict observance of physical distancing by limiting the number of occupants on a single trip. E.g. one passenger in front and two on the back seat. For buses, two per seat. Drivers to wear face masks and also insist that the passengers wear their masks before boarding.

Students mingling with members of the host community is highly discouraged and violators may be sent out of the hostel.

Students to bring personal sanitizers, disinfectants like Jik and Hypo to keep their rooms clean.

Stay in your homes or hostel as much as possible except it is absolutely necessary to go out.



Maintain physical distancing always, both in Classrooms, Conference halls, Churches, Mosques etc.



Space out in the School Buses, Shuttles and Eateries



Avoid touching your eyes, nose, mouth, people or public utilities and surfaces etc.

4. Basic Personal Health Assessment

Early detection of illness can prevent the spread of COVID-19 to others. Staff and students must monitor their health daily and **report suspected symptoms immediately** to the doctors. Some of the symptoms to watch out for include:

- Temperature exceeding **37°C** when measured with a household/gun thermometer.
- Shortness of breath or a cough within the last 14 days.
- A fever
- Sweating
- Chills and shivering
- Headache

- Muscle aches
- Loss of appetite
- Irritability

- Dehydration and general weakness
- Sore throat and dry cough
- If anyone in your household has been diagnosed with COVID-19 or has demonstrated COVID-19 symptoms within the last 14 days.
- If you have had close contact (within 6 feet) with anyone outside your home who has a confirmed COVID-19 diagnosis or COVID-19 symptoms within the last 14 days.

5. Teaching /Learning/Options

Virtual classes are sustained and students have the option to resume to campus or continue with online lectures and return to school only to take examinations.

6. VISITORS

- i. Only necessary and authorized visitors are allowed to enter the University after proper screening while students are on campus.
- ii. Students are restricted from mingling with visitors and the people in Okada community.

7. STAFF

- a. Staff and students to be tested on arrival at the estate gate for temperature check.
- b. Staff members who are vulnerable for health reasons (chronic disease, severe immunodeficiency, pregnancy or aged 75 and above) are advised to teach and work from home via the OLMS platform.
- c. Academic Staff to limit the number of students who visit their offices at a time.
- d. Academic staff to avoid touching students while lecturing and must wear a mask properly.
- e. Non-academic staff to maintain social distancing in their offices and places of work at all times.

8. ACADEMICS

Lecture Theatres: All lecture theatres, laboratories, workshops and microphones to be ***disinfected after each lecture***. In order to obey the social distancing rule, lectures with large number of students to be taken in batches while others are rearranged for proper physical distancing.

Students must be properly spaced in the Classrooms and workshops (at least 3 feet apart)

9. MEDICALS

a. Infrastructural facilities: The PCF clinic, Igbinedion University Teaching Hospital with an ambulance is adequately equipped in case a staff or student falls sick for proper diagnosis and management. A temporary isolation centre is created and equipped.

b. Doctors and other medical/paramedical personnel are provided with Personal Protective Equipment (PPE) such as body suites (full or half) face shield, hand gloves and other materials necessary for their work while on duty at all times.

c. Clinicals: Test Kits, drugs and others reported to be effective in managing COVID-19 as a first line of defence against any eventuality is available in case of emergency.

10. HOSTEL ACCOMMODATION

a. Students to be screened before admittance into the hostels at all times. Maximum of two students for normal rooms and three students for very large rooms.

b. Students must comply with hostel regulations at all times or face ejection.

11. SECURITY

Security has been effectively placed at all entrances and exits to prevent unauthorized movements in and out of the campus. Members of the University community to limit invitation of personal visitors to the campus.

All Staff and students must be and remain in their chalets/hostels from 8p.m to 6a.m daily.

12. ENFORCEMENT AND COMPLIANCE COMMITTEE

Monitoring and enforcement Committees have been carefully put in place to ensure strict compliance by staff and students with respect to hand washing, physical distancing, the use of face masks and other regulations.

None compliant staff and students with respect to wearing of masks would be made to buy five (5) face masks from the EPS centre as a first line sanction. Thereafter, if caught without a face mask again, more severe sanctions would apply.

Non-complaint staff and students to all rules and regulations would face severe disciplinary action and sanctions.

13. Conclusion

Staff and students are encouraged to study this manual and comply with the instructions and regulations for the safety of all.

Stay Safe